

## What We Learned From a Snapshot of the Five Year Olds In Our Community

Our children are generally doing **WELL**, as evidenced by these overall early developmental results showing the percentage of children having adequate skills in these five areas:

78%

Communication skills & general knowledge

78%

Emotional maturity

80%

Physical health & well-being

80%

Social competence

79%

Language & thinking skills



However, that also means about **1 in 5 children** in Sturgeon region are struggling with playing with others, exploring the world around them, talking about how they feel, and having compassion for others.



### How Can You Make a Difference?

Contact your local coalition to find out how you can participate in making a difference in your area.

**St. Albert Sturgeon Early Years Coalition**

sasearlyyears@gmail.com

www.sasey.ca



**St. Albert/Sturgeon  
Early Years Coalition**



We work together using current knowledge to inform, engage and inspire families and communities to support the development of young children in the St. Albert and Sturgeon region.

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## The First 2000 Days of Life Strongly Impact a Child's Future

### Early Child Development Matters

- It sets the course for a child's future;
- It strongly influences success in school and work, mental and physical health; productivity, behavior, relationships and overall well-being;
- It lays the foundation for all later development and provides a unique opportunity for getting children off to the right start for a good future;
- Its benefits are far more reaching, from healthier, happier, more successful individuals to more stable and prosperous societies.

### Early Development Results Vary Significantly Between Communities Across the Region, Province and Country

- The early development results raise questions about why the differences;
- Our challenge is to identify possible explanations and actions in response to results.



### Early Child Development Is Everybody's Business

Children grow up in an environment of relationships – family, community and the wider society are all part of the environment that plays a role in helping children to thrive and succeed.

The Coalitions in St. Albert and Sturgeon Region are busy gathering input from stakeholders about how to strengthen early childhood development opportunities and sharing findings from the Early Child Development Mapping Project (ECMap).



### Why Share This Information? What Are We Hoping For?

That you, your group, your organization, your business, and/or your service once informed will:

- Study the data from your lens or perspective and share explanatory comments;
- Consider what role you can play in enriching the environment for children in our community;
- Use the data when making decisions about budget, new programs, etc.
- Be open to working with others in our community to improve environment and inform about the importance of the early years;
- Contribute to the coalition's community asset knowledge – what's making a difference?
- Join your local coalition.

